



SHERATON
FITNESS

KIDS GROUP SWIMMING LESSONS

- 6 WEEK COURSE -

Monday	_____	07th Sept
Tuesday	_____	08th Sept
Wednesday	_____	09th Sept
Thursday	_____	10th Sept
Friday	_____	11th Sept

Members

€75

Non Members

€100

- Booking Now Open -

Private one to one lessons
€30 per session
Can be booked at a time
that suits you.



SHERATON
Athlone Hotel

090 64 51020
fitness@sheratonathlonehotel.com
Gleeson St, Athlone, Co. Westmeath



SHERATON
FITNESS

ADULT GROUP BEGINNER SWIMMING LESSONS

Members

€75

Non Members

€100

Commencing September 2026

Tuesday & Wednesday nights at 8pm

- Booking Now Open -

Private Lessons one to one €30 per session
And can be booked at a time that suits you.



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