



STARTERS & SALADS. . .

VEGETABLE SOUP €8.95

HOMEMADE HARVEST BROWN BREAD ^{2,7,10,11A,12}(GFA) (VA) (ⓐ)

SPICY BUFFALO CHICKEN WINGS €11.95

FRESH CHILLIES, HERBS & GARLIC MAYO ^{1,2,3,5,7,8,10,11A,12,13}

SEAFOOD SKILLET €12.95

SEAFOOD, VEGETABLES, WHITE WINE, GARLIC AND CHILLI SAUCE, GARLIC BUTTER SOURDOUGH BREAD ^{1,2,3,5,7,8,10,11,12,13}(GFA)

GOLDEN AROMATIC DUCK SPRING ROLL €12.95

FRESH GARDEN LEAF SALAD & A SWEET APPLE HOISIN DRESSING ^{1,2,3,5,7,8,10,11A,12,13}

CLASSIC CAESAR SALAD €14.95

WITH CRISP COS LETTUCE, GARLIC CROUTONS, CRISPY BACON, CHERRY TOMATOES, PARMESAN & CAESAR DRESSING ^{1,2,5,7,10,11A,13}(GFA) (VA)

- ADD GRILLED CHICKEN STRIPS €4.95

CRISPY DUCK SALAD €19.95

SEASONAL LETTUCE, PEPPERS, TOMATO, ONION & CARROTS WITH PONZU DRESSING ^{1,2,3,5,7,8,10,11A}

SANDWICHES. . .

SHERATON S BAR TOASTED SANDWICH WITH CARTY'S HAM €16.95

CHEDDAR CHEESE, RED ONION & FRESH TOMATOES, SERVED WITH HOUSE COLESLAW & CHIPS ^{1,2,3,5,7,10,11A,13}(GFA)

GRILLED CHICKEN WRAP €17.95

FRESH LETTUCE, TOMATOES, PEPPERS, DRIED ONION & SWEET AND SOUR MAYO, SERVED WITH HOUSE COLESLAW & CHIPS ^{1,2,3,5,7,8,10,11A,12,13}(GFA)

GRILLED STEAK STRIPS, ONION & MUSHROOMS SANDWICH €24.95

GARLIC HERB BUTTERY RUSTIC DEMI BAGUETTE, CHEDDAR CHEESE, PEPPERCORN SAUCE, CHIPS ^{1,2,3,5,7,8,9,10,11A,12,13}(GFA)

SIDES . . .

CHIPS ^{1,2,3,5,7,8,9,10,11A,12} €4.95

TRUFFLE CHIPS ^{1,2,3,5,7,8,9,10,11A,12} €6.95

LOADED BACON AND PARMESAN CHIPS ^{1,2,3,5,7,8,9,10,11A,12,13} €6.95

ONION RINGS ^{1,2,3,5,7,8,9,10,11A,12} €6.95

MELANGE OF SEASONAL VEGETABLES ^{2,12} (GF) ⓐ €4.95

SWEET POTATO FRIES ^{1,2,3,5,7,8,9,10,11A,12} €5.95

SAUTEÉ ONIONS ^{2,11}(GF) ⓐ €4.95

SAUTEÉ MUSHROOMS ^{2,11} (GF) ⓐ €4.95

HOUSE SEASONAL SIDE SALAD ^{2,6,10,13} (GF) ⓐ €4.95

MASH POTATO ² €4.95

MAINS. . .

PRIME GOURMET BEEF BURGER €23.95

TOMATO RELISH, GARLIC MAYO, CHEDDAR CHEESE, STREAKY BACON, LETTUCE, PICKLES, TOMATO, BRIOCHE BUN, HOUSE COLESLAW & CHIPS ^{1,2,3,5,7,8,10,11A,13}(GFA)

Bottle craft beer suggestion: O'Hara's, Red Ale, Carlow €8.50

GRILLED CHICKEN BREAST BURGER €22.95

TOMATO RELISH, GARLIC MAYO, CHEDDAR CHEESE, STREAKY BACON, LETTUCE, PICKLES, TOMATO, BRIOCHE BUN, HOUSE COLESLAW & CHIPS ^{1,2,3,5,7,8,10,11A,13}(GFA)

Bottle craft beer suggestion: O'Hara's, Double IPA, Carlow €8.50

GRILLED "8OZ IRISH SIRLOIN STEAK" €31.95

SAUTÉED ONIONS & MUSHROOMS, PEPPER SAUCE, CHIPS ^{1,2,3,5,7,8,9,10,11A,12}(GFA)

SUPPLEMENT €10 ON DINNER PACKAGE

- ADD PRAWNS €6.95

Wine suggestion: Crucero, Cabernet Sauvignon, Chile €9.50/glass

SLOW COOKED BRAISED BEEF €25.95

MASH POTATO, MELANGE OF SEASONAL VEGETABLES, JUS, CRISPY ONIONS ^{2,9,11,12} (GF)

HONEY-GLAZED TERIYAKI SALMON €25.95

GRATIN POTATO, PEA PURÉE & SEASONAL GREENS ^{1,2,3,4,5,6,7,8,9,10,11,12,13,14} (GFA)

TRADITIONAL BATTERED FISH & CHIPS €23.95

CHEF'S SALAD, TARTAR SAUCE, COOL MINTY MUSHY PEAS ^{1,2,3,5,7,8,10,11A,12,13}

Wine suggestion: Il Conto Vecchio, Pinot Grigio, Italy €10/glass

SLOW COOKED SLANEY VALLEY LAMB SHANK €24.95

MASH POTATO, MELANGE OF SEASONAL VEGETABLES, JUS ^{2,9,12} (GF)

Wine suggestion: Accomplie, Shiraz, Australia €9.50/glass

PIZZA ALLA PALA €19.95

TOMATO SAUCE, CHICKEN, PEPPERS, OLIVES, PESTO & MOZZARELLA ^{1,2,3,5,7,8,10,11A,12}

BETROOT BURGER €19.95

LETTUCE, TOMATO, RED ONION, VEGAN CHEESE, MAYO, COUNTRY RELISH, CHEF'S SALAD WITH BALSAMIC REDUCTION & SWEET POTATO FRIES ^{7,8,10,11A,13}(GFA) (VA) ⓐ

RED THAI ROASTED VEGETABLE CURRY €18.95

INFUSED TURMERIC RICE, POPPADOM ^{1, 2, 3, 5, 7, 8, 10, 11, 12} (GFA) (VA) (ⓐ)

- ADD CHICKEN & PRAWN CRACKERS €5.95

- ADD PRAWNS & PRAWN CRACKERS €6.95

SIGNATURE QUESADILLA €16.95

SAUTÉED PEPPERS, ONIONS, MOZZARELLA CHEESE, FRESH HERBS, GARDEN SALAD, HOUSE-MADE PICO DE GALLO, JALAPEÑO MAYO, CHIPS ^{1, 2, 3, 5, 7, 8, 10, 11, 13} (ⓐ)

- ADD LIME AND HERB CHICKEN €5.95

- ADD BEEF STRIPS €6.95

CHEF'S EVENING SPECIAL €26.95 (FROM 5PM)

SUPPLEMENT €5 ON DINNER PACKAGE

DESSERTS . . . €9.50

TRADITIONAL TIRAMISU ^{1,2,9,10,11A} ⓐ

WARM APPLE TOFFEE & HAZELNUT CRUMBLE

SALTED CARAMEL ICE CREAM ^{1,2,10,11A} ⓐ

WARM OREO BROWNIE BLISS

CHOCOLATE SAUCE, VANILLA ICE CREAM ^{1,2,10,11A} ⓐ

RASPBERRY & WHITE CHOCOLATE CHEESECAKE

PISTACHIO ICE CREAM ^{1,2,6,8,9,10,11A} ⓐ

SELECTION OF ICE CREAM

FRUIT COULIS ^{2,8,10,11A} ⓐ

VEGAN DESSERT OF THE DAY ^{6,8,10,11A} ⓐ

ALLERGENS:

1. EGG, 2. MILK, 3. SHELL FISH, 4. MOLLUSCS, 5. FISH, 6. PEANUT, 7. SESAME, 8. SOY, 9. SULPHUR DIOXIDE, 10. NUTS, 10A. ALMOND, 10B. HAZELNUT, 10C. WALNUT, 10D. CASHEW, 10E. PECAN, 10F. BRAZIL, 10G. PISTACHIO, 10H. MACADAMIA, 11. CEREALS (CONTAINING GLUTEN): 11A. WHEAT, 11B. RYE, 11C. BARLEY, 11D. OATS, 11E. SPELT, 11F. KAMUT, 12. CELERY 13. MUSTARD, 14. LUPIN (GF) GLUTEN FREE, (GFA) GLUTEN FREE AVAILABLE, ⓐ VEGETARIAN, (ⓐ) VEGETARIAN AVAILABLE, (VA) VEGAN AVAILABLE

ALL OF OUR BEEF IS 100% IRISH AND SOURCED LOCALLY.

Dear Valued Customers, in order to ensure that we are providing the best service for everyone, we unfortunately cannot split bills for parties of 4 and more.