

LA PROVENCE

BRASSERIE

A sparkling start €8.00

Top family Valdo Prosecco by a glass. Perfect to sip and savour whilst you peruse our menu.

STARTERS . . .

GARDEN ROASTED VEGETABLE SOUP €8.95
FRESHLY BAKED HARVEST BREADS ^{2,7,8,9,10,11,12} (GFA)

BUFFALO CHICKEN WINGS €11.95
CASH EL BLUE CHEESE DIP, CHILLI AND GARDEN HERBS ^{1,2,3,5,7,8,10,11,12,13}

SEAFOOD SKILLET €13.95
SEAFOOD MELODY , GARLIC CHILLI BUTTER, SOURDOUGH BREAD ^{2,3,4,5,7,8,9,10,11,12} (GFA)
SUPPLEMENT €3 ON TABLE D’HÔTE

PULLED PORK CROQUETTE €11.95
SEAN’S WHISKEY SAUCE AND PICKLED RED ONION ^{1,2,3,5,7,8,9,10,11,12,13}

MANGO INFUSED GOATS CHEESE BON BONS €11.95
ROASTED HONEY & CARROT PUREE, RASPBERRY POWDER, GREEN TEA DRESSING ^{1,2,3,5,7,8,9,10,11,12}

SHERATON HOUSE CAESAR SALAD €10.95
BABY COS LETTUCE, GARLIC CROUTONS, CRISPY BACON, CAESAR DRESSING ^{1,2,5,7,10,11,13} (GFA)

- ADD CHICKEN ^{1,2,5,7,10,11,13} €12.95
- ADD PRAWN ^{1,2,3,5,7,10,11,13} €13.95 SUPPLEMENT €2 ON TABLE D’HÔTE

FROM THE GARDEN FOR OUR VEGAN AND VEGETARIANS

STARTERS

ROASTED VINE TOMATO SOUP €8.95
BASIL OIL & GARLIC FOCACCIA BREAD ^{10,11,12} (GFA)
FRESH VEGAN HALLOUMI TOSSED SALAD €9.95
GARDEN LEAVES, SEASONAL VEGETABLES TOSSED IN VINAIGRETTE ^{8,10} (GFA)
TOASTED HERBS FOCACCIA €10.95
GUACAMOLE, ROASTED PEPPER, BROCCOLI, OLIVES, BASIL OIL AND PARMESAN ^{8,10,11,13}

MAINS

SPECIAL BEETROOT GARDEN BURGER €22.95
LETTUCE, CHEESE, TOMATO, COUNTRY RELISH, RED ONION AND SWEET POTATO FRIES ^{7,8,10,11,13} (GFA)
SPAGHETTI AL POMODORO €18.95
GRATED VEGAN PARMESAN, BASIL OIL AND HOMEMADE SOURDOUGH ^{8,11,12,13} (GFA)

SIDES . . .

CHUNKY FRIES ^{1,2,3,5,7,8,9,10,11,13} €4.55
CREAMY MASH POTATO ^{2,9} €4.55
VEGETABLES OF THE DAY (ASK SERVER FOR ALLERGEN) €4.55
SWEET POTATO FRIES ^{1,2,3,5,7,8,9,10,11,13} €4.50
SEASONAL SHERATON GARDEN SALAD ^{6,10,13} €4.55
BATTERED ONION RINGS ^{1,2,3,5,7,8,9,10,11,13} €4.95
COMBO SIDES (3 SIDES OPTIONS) ^{1,2,3,5,7,8,9,10,11,13} €12.00

MAINS. . .

BRAISED BEEF SPARE RIBS €25.95
CREAMY MASH, ROASTED GARDEN ROOT VEGETABLES , CELERIAC & PARSNIP PUREE, CRISPY ONIONS AND RED WINE JUS ^{2,9,11,12} (GF)

GRILLED CHICKEN BREAST BURGER €24.95
BRIOCHE BUN, SEAN’S WHISKEY & RED PEPPER RELISH, CHEDDAR CHEESE, STREAKY BACON, ROASTED GARLIC & ONION MAYO, LETTUCE, PICKLE, TOMATO, SLAW AND HOUSE FRIES ^{1,2,3,5,7,8,9,10,11A,13} (GFA)

CHARGRILLED GOURMET BEEF BURGER €25.95
BRIOCHE BUN, SEAN’S IRISH WHISKEY & RED PEPPER RELISH, ROASTED GARLIC ONION MAYO, CHEDDAR CHEESE , LETTUCE, PICKLE, TOMATO, SLAW AND HOUSE FRIES ^{1,2,3,5,7,8,9,10,11A,13} (GFA)

HONEY GLAZED CHARGRILLED CHICKEN BREAST €24.95
SAVOY CABBAGE, ROASTED CARROTS & PARSNIP, HONEY MUSTARD CARROT PUREE AND WILD MUSHROOM SAUCE ^{2,9,12}

CRUNCHY VEGETABLE STIR FRY €22.95
SERVED WITH RICE OR NOODLES ^{1,7,8,10,11,12} (GFA) ☯ (VA)

- ADD CHICKEN €24.95
- ADD BEEF €26.95
- ADD PRAWNS ^{1,3,7,8,10,11,12} €26.95

FROM THE SEA. . .

SLOW ROASTED SEABASS €29.95
SEASONAL VEGETABLES, BOK CHOY, POTATO GRATIN, PAPRIKA SAUCE ^{2,5,9,12} (GF)
SUPPLEMENT €4 ON TABLE D’HÔTE

PAN SEARED FILLET OF SALMON €25.95
HONEY & MUSTARD CARROT PUREE, GRATIN POTATO, BUTTERY ASPARAGUS & TENDERSTEM BROCCOLI, LEMON DILL SAUCE ^{1,2,3,4,5,6,7,8,9,10,11,12,13} (GF)

FROM THE GRILL. . .

8OZ STRIPLOIN STEAK ^{1,2,3,5,7,8,9,10,11,13} (GF) €32.95
SUPPLEMENT €8 ON TABLE D’HÔTE

PORK TOMAHAWK ^{1,2,3,5,7,8,9,10,11,13} (GF) €28.95

ALL STEAKS SERVED WITH HOUSE FRIES, ROASTED TOMATO, PORTOBELLO MUSHROOMS WITH SAUTEED ONIONS, CELERIAC & PARSNIP PUREE AND PEPPER SAUCE

SHERATON GRILL EXPERIENCE FOR TWO €79.95
STRIPLOIN STEAK, PORK TOMAHAWK & CHICKEN SUPREME, INCLUDING THREE SIDE DISHES , SELECTION OF SAUCES AND CRISPY ONION ^{1,2,3,5,7,8,9,10,11,13} (GFA)

DESSERTS . . .€8.95

BLACK FOREST DOME
CHOCOLATE MERINGUE SHARDS AND BLACK CHERRY COMPOTE ^{1,2,9,10,11A} ☯

APPLE AND TOFFEE SPONGE
BUTTERSCOTCH SAUCE, RUM AND RAISIN ICE CREAM ^{1,2,9,10,11A} ☯

BAILEYS BRULEE
BOURBON VANILLA ICE CREAM ^{1,2,9,10,11A} ☯

STRAWBERRY AND LIME CHEESECAKE
PISTACHIO FEUILLETINE AND CITRUS SORBET ^{2,10,11A} ☯

ALLERGENS:

1. EGG, 2. MILK, 3. SHELL FISH, 4. MOLLUSCS, 5. FISH, 6. PEANUT, 7. SESAME, 8. SOY, 9. SULPHUR DIOXIDE, 10. NUTS, 10A. ALMOND, 10B. HAZELNUT, 10C. WALNUT, 10D. CASHEW, 10E. PECAN, 10F. BRAZIL, 10G. PISTACHIO, 10H. MACADAMIA, 11. CEREALS (CONTAINING GLUTEN): 11A. WHEAT, 11B. RYE, 11C. BARLEY, 11D. OATS, 11E. SPELT, 11F. KAMUT, 12. CELERY 13. MUSTARD, 14. LUPIN

(GF) GLUTEN FREE, (GFA) GLUTEN FREE AVAILABLE, ☯ VEGETARIAN, (☯A) VEGETARIAN AVAILABLE, (VA) VEGAN AVAILABLE

Dear Valued Customers, in order to ensure that we are providing the best service for everyone, we unfortunately cannot split bills for parties of 4 and more.