

# LA PROVENCE BRASSERIE

A sparkling start €8.00

Top family Valdo Prosecco by a glass. Perfect to sip and savour whilst you peruse our menu.

## STARTERS . . .

**GARDEN ROASTED VEGETABLE SOUP €8.95**

FRESHLY BAKED HARVEST BREADS <sup>2,7,8,10,11,12</sup> (GFA)

**BUFFALO CHICKEN WINGS €11.95**

CASHEL BLUE CHEESE DIP, CHILLI AND GARDEN HERBS <sup>1,2,3,5,7,8,10,11,12</sup>

**SEAFOOD SKILLET €13.95**

SEAFOOD MELODY, GARLIC CHILLI BUTTER, SOURDOUGH BREAD <sup>1,2,3,4,5,9,10,11,12</sup> (GFA)

**SUPPLEMENT €3 ON TABLE D'HÔTE**

**PULLED PORK CROQUETTE €11.95**

SEAN'S WHISKEY CREAM <sup>1,2,3,5,7,8,9,10,11</sup>

**MANGO INFUSED GOATS CHEESE BON BONS €11.95**

ROASTED HONEY & CARROT PUREE. RASPBERRY POWDER, GREEN TEA DRESSING. <sup>1,2,3,5,7,8,10,11,12</sup>

**SHERATON HOUSE CAESAR SALAD €10.90**

BABY COS LETTUCE, GARLIC CROUTONS, CRISPY BACON, CAESAR

DRESSING <sup>1,2,5,7,10,11,13</sup> (GFA)

• **ADD CHICKEN €12.90**

• **ADD PRAWN <sup>3</sup> €13.90 SUPPLEMENT €2 ON TABLE D'HÔTE**

## FROM THE GARDEN FOR OUR VEGAN AND VEGETARIANS

### STARTERS

**ROASTED VINE TOMATO SOUP €8.90**

BASIL OIL & GARLIC FOCACCIA BREAD <sup>10,11,12</sup> (GFA)

**FRESH VEGAN HALLOUMI TOSSED SALAD €11.90**

GARDEN LEAVES, SEASONAL VEGETABLES TOSSED IN VINAIGRETTE <sup>8,10</sup> (GFA)

**TOASTED HERBS FOCACCIA €10.90**

GUACAMOLE, ROASTED PEPPER, BROCCOLI, OLIVES, BASIL OIL AND PARMESAN <sup>10,11</sup>

### MAINS

**SPECIAL BEETROOT GARDEN BURGER €22.90**

LETTUCE, CHEESE, TOMATO, COUNTRY RELISH, RED ONION AND SWEET POTATO

FRIES <sup>7,8,10,11,13</sup> (GFA)

**SPAGHETTI AL POMODORO €18.95**

GRATED VEGAN PARMESAN, BASIL OIL AND HOMEMADE SOURDOUGH <sup>8,11,12,13</sup> (GFA)

## SIDES . . .

**CHUNKY FRIES <sup>1,2,3,5,7,8,10,11</sup> €4.50**

**BAKED POTATO WITH SOUR CREAM <sup>2</sup> €4.50**

**CREAMY MASH POTATO <sup>2,9</sup> €4.50**

**VEGETABLES OF THE DAY <sup>2,12</sup> €4.50**

**SWEET POTATO FRIES <sup>1,2,3,5,7,8,10,11</sup> €4.50**

**SEASONAL SHERATON GARDEN SALAD <sup>6,10,13</sup> €4.50**

**BATTERED ONION RINGS <sup>1,2,3,5,7,8,10,11</sup> €4.50**

**COMBO SIDES (3 SIDES OPTIONS) <sup>1,2,3,5,7,8,10,11</sup> €12.00**

## MAINS . . .

**SLOWLY BRAISED BEEF €25.95**

BUTTERY FRIED ONION MASH, ROASTED GARDEN ROOT VEGETABLES AND RED WINE JUS <sup>2,8,9,12</sup> (GF)

**GRILLED CHICKEN BREAST BURGER €22.90**

BRIOCHE BUN, MOZZARELLA CHEESE, SMOKED BACON, SUN DRIED TOMATO MAYO, RED CABBAGE, LETTUCE, ONION RELISH, GOLD RAISIN SLAW, HOUSE FRIES <sup>1,2,3,5,7,9,10,11A,13</sup> (GFA)

**CHARGRILLED GOURMET BEEF BURGER €24.90**

BRIOCHE BUN, SEAN'S IRISH WHISKEY & RED PEPPER RELISH, ROASTED GARLIC ONION MAYO, SMOKED CHEDDAR, LETTUCE, PICKLE, GOLD RAISIN SLAW, HOUSE FRIES <sup>1,2,3,5,7,9,10,11A,13</sup> (GFA)

**HONEY GLAZED CHARGRILLED CHICKEN BREAST €24.90**

CRUNCHY SAVOY CABBAGE, ROASTED CARROTS, HONEY MUSTARD, CARROTT PUREE & JUS <sup>2,9,12</sup>

**CRUNCHY VEGETABLE STIR FRY €22.90**

SEVRVED WITH RICE OR NOODLES <sup>1,7,8,10,11,12</sup> (GFA) ⊕ (VA)

• **ADD CHICKEN €24.90**

• **ADD BEEF €26.90**

## FROM THE SEA . . .

**SLOW ROASTED MONKFISH €29.90**

FENNEL SLAW SALAD, SEASONAL VEGETABLES, BOK CHOY, POTATO CAKE, PAPRIKA SAUCE <sup>1,2,5,9,12</sup> (GF) **SUPPLEMENT €4 ON TABLE D'HÔTE**

**PAN SEARED FILLED OF SALMON €25.90**

HONEY & MUSTARD CARROT PUREE, BUTTERY ASPARAGUS, TENDERSTEM BROCCOLI, LEMON DILL SAUCE <sup>2,5,9,12</sup> (GF)

## FROM THE GRILL . . .

**8OZ FILLET OF BEEF <sup>1,2,5,9,10,11,12</sup> (GF) €38.90 SUPPLEMENT €9 ON TABLE D'HÔTE**

**6OZ STRIPLOIN STEAK <sup>1,2,5,9,10,11,12</sup> (GF) €25.90**

**10OZ STRIPLOIN STEAK <sup>1,2,5,9,10,11,12</sup> (GF) €37.90 SUPPLEMENT €8 ON TABLE D'HÔTE**

**10OZ RIBEYE STEAK <sup>1,2,5,9,10,11,12</sup> (GF) €37.90 SUPPLEMENT €8 ON TABLE D'HÔTE**

**ALL STEAKS SERVED WITH HOUSE FRIES, ROASTED TOMATO & PEPPER SAUCE**

(SURF & TURF WITH SCALLOPS, PRAWN AND KALE  
€10.90 SUPPLEMENT)

**SHERATON SIGNATURE SHARING PLATTER €89.50**

FILLET BEEF, STRIPLOIN STEAK & RIBEYE SHARING PLATTER, INCLUDING THREE SIDE DISHES, SELECTION OF SAUCES AND CRISPY ONION <sup>1,2,5,9,10,11,12</sup> (GFA) (4 PERSONS)

## DESSERTS . . . €8.95

**WARM CHOCOLATE & BANANA PUDDING**

BUTTERSCOTH, COFFEE STREUSEL, VANILLA ICE CREAM <sup>1,2,11A</sup> ⊕

**TIRAMISU VERRINE**

MASCARPONE CREAM, COFFEE LIQUEUR <sup>1,2,11A</sup> ⊕

**CARROTT CAKE**

BOOZY FRUITS, CARROT PUREE AND WALNUT BRITTLE <sup>1,2,9,11A</sup> ⊕

**GREEN APPLE & CINNAMON MOUSSE**

HAZELNUT CRUMB, SALTED CARAMEL ICE CREAM <sup>1,2,9,11A</sup> ⊕

**DESSERT OF THE DAY**

### ALLERGENS:

1. EGG, 2. MILK, 3. SHELL FISH, 4. MOLLUSCS, 5. FISH, 6. PEANUT, 7. SESAME, 8. SOY, 9. SULPHUR DIOXIDE, 10. NUTS,  
10A. ALMOND, 10B. HAZELNUT, 10C. WALNUT, 10D. CASHEW, 10E. PECAN, 10F. BRAZIL, 10G. PISTACHIO, 10H. MACADAMIA,  
11. CEREALS (CONTAINING GLUTEN): 11A. WHEAT, 11B. RYE, 11C. BARLEY, 11D. OATS, 11E. SPELT, 11F. KAMUT, 12. CELERY 13. MUSTARD, 14. LUPIN

(GF) GLUTEN FREE, (GFA) GLUTEN FREE AVAILABLE, ⊕ VEGETARIAN, (⊕A) VEGETARIAN AVAILABLE, (VA) VEGAN AVAILABLE

Dear Valued Customers, in order to ensure that we are providing the best service for everyone, we unfortunately cannot split bills for parties of 4 and more.